

Abstract of the working program of the discipline “OUTPATIENT THERAPY”

The main professional educational program of higher education – the specialty program in the specialty 31.05.01 Medical care, approved on 25.12.2020.

Form of study: full-time

The term of mastering the main professional educational program of higher education: 6 years

The Department of internal diseases № 3

1. The purpose of the discipline:

- familiarization of students with the organization of outpatient care to the population in the conditions of a polyclinic in the Russian Federation;
- acquisition of practical and organizational skills necessary for the implementation of the activities of the district general practitioner;
- consolidation and deepening of knowledge about the diagnosis of diseases of the therapeutic profile, the organization of the treatment process and monitoring of the course of treatment;
- familiarity with the main documentation of the clinic, the acquisition of skills in its design.

2. The place of the discipline in the structure of the main professional educational program of higher education:

The discipline "Polyclinic therapy" belongs to the basic part of Block 1 of the federal state educational standards of higher education in the specialty 31.05.01 Medical Care (specialty)

3. Requirements for the results of mastering the discipline:

The process of studying the discipline is aimed at the formation and development of the following competencies: **GPC-1, 4, 6, 7, 8, 11, PC-4, 5, 6.**

As a result of studying the discipline, the student should

To know :

- fundamentals of the legislation of the Russian Federation on the protection of public health
- fundamentals of the organization of outpatient care for various groups of the population
- questions of the organization of the therapeutic department in the polyclinic and the working conditions of the district general practitioner in it
- maintenance of standard accounting and reporting medical documentation in the outpatient clinic;
- deontological and ethical skills of working in a polyclinic
- the main pathological symptoms and syndromes of diseases of internal organs
- algorithm of diagnosis taking into account ICD-10,
- principles of therapeutic treatment in accordance with the established diagnosis,
- algorithm for selecting drug and non-drug therapy.
- indications for planned hospitalization of patients
- fundamentals of the formulary system and standards for the diagnosis and treatment of the most common diseases
- fundamentals of preventive medicine,

- organization of preventive measures aimed at improving the health of the population
- organization of medical control over the state of public health
- modern methods of sanitary and educational work in the conditions of a polyclinic, the fight against bad habits, alcoholism, drug addiction, promotion of a healthy lifestyle
- questions of examination of temporary disability
- criteria for recovery and recovery of working capacity
- signs of disability, predict the group, prepare documents for referral to the bureau of medical and social expertise
- clinical picture of emergency conditions
- methods of carrying out urgent measures

Be able to :

- To draw up medical documentation with which the district therapist deals;
- Write out a prescription for obtaining a drug (the usual prescription of f. 107u; taking into account social rights to preferential medicines);
- Use the legal guidelines for the examination of working capacity;
- determine the cause of temporary disability, the criteria for recovery and restoration of working capacity;
- Timely identification of signs of disability,
- Observe the rules of medical ethics and deontology; solve a set of tasks, related to the relationship between the doctor and the patient.
- To assess the patient's condition in order to make a decision on the need to provide him with medical care, to determine the possibility of treating the patient in a polyclinic
- Outline the scope of research in accordance with the prognosis of the disease, to clarify diagnosis and obtaining a reliable result
- Formulate a clinical diagnosis
- Choose an individual type of care for the treatment of the patient, develop plan of therapeutic actions taking into account the course of the disease and its treatment using the principles of evidence-based medicine
- ensure continuity in the provision of treatment and examination at the polyclinic-hospital stage
- Use educational, scientific, regulatory and reference literature
- Conduct activities with the population of the attached area for the primary and secondary prevention of the most common diseases that require therapeutic treatment (based on evidence-based medicine)
- Promote a healthy lifestyle
- Create a program of rehabilitation of a patient with a therapeutic profile
- Conduct medical examinations, issue primary and current documentation, evaluate the effectiveness of medical examinations
- Provide medical assistance in case of emergency conditions at the pre-hospital stage
- Determine the indications for the hospitalization of patients with a therapeutic profile and implement hospitalization in an emergency and planned mann

To own:

- skills in maintaining medical records
- methods of general clinical examination of the patient
- interpretation of the results of laboratory and instrumental diagnostic methods

- an algorithm for making a preliminary diagnosis and then referring the patient to the appropriate specialist doctor,
- algorithm for a detailed clinical diagnosis,
- the method of prescribing adequate therapy in accordance with the diagnosis made,
- the algorithm for conducting preventive examinations and dispensary observation
- the skills of conducting medical and labor expertise in the most common diseases in the practice of the district general practitioner,
- an algorithm for diagnosing and providing medical care in emergency situations

4. Total labor intensity of the discipline: 12 credits (432 hours). Intermediate certification – XII semester.

5. Semester: IX, X, XI, XII semester

6. Main sections of the discipline:

- Organizational bases of primary medical and preventive care for the adult population of the Russian Federation .Features of the course and treatment of somatic diseases in the elderly and senile age
- Medical examination of patients with a therapeutic profile in a polyclinic.
- Principles of rehabilitation in the outpatient setting
- Clinical and expert work in outpatient practice (examination of temporary and permanent disability)
- Outpatient pulmonology
- Outpatient gastroenterology
- Outpatient cardiology
- Questions of differential diagnosis in the clinic of internal diseases
- Anemic syndrome in the practice of a polyclinic therapist
- Diagnosis and treatment of rheumatic diseases in the practice of a polyclinic therapist

The compiler:

Assistant of the Department of Internal Diseases No. 3

Federal State Budgetary Educational Institution of Higher Education NOSMA of the Ministry of Health of the Russian Federation, Candidate of Medical Sciences



N. N. Burduli.