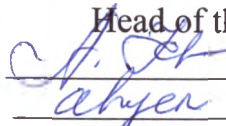


**Federal State Budget Educational Institution of Higher Education "North Ossetian State Medical Academy" Ministry of Health of the Russian Federation**

**Department of General Hygiene and Physical Culture**

**APPROVED**

Head of the department  
Professor  A.R. Kusova  
«27» abryer 2021 y.

**Calendar-themed lecture plan**

Discipline Hygiene  
Course III  
The faculty Therapeutic (educational program partially implemented in English)  
for the V semester 2021–2022 academic year

№	Date	Topic title	Lecturer
1.	03.09.21	Hygiene of mental and physical labor. Occupational hazards and occupational diseases. The main directions of prevention of occupational diseases.	Associate Professor E.G. Cilidas
2.	17.09.21	Industrial dust as a hazard factor. Specific and nonspecific dust diseases and their prevention.	Associate Professor E.G. Cilidas
3.	01.10.21	Industrial poisons and their classification. General patterns of action and prevention.	Associate Professor E.G. Cilidas
4.	15.10.21	Physical factors of the production environment (noise, vibration, electromagnetic fields, etc.). Their effect on the body. Measures for the prevention of adverse effects.	Associate Professor E.G. Cilidas
5.	29.10.21	Occupational hygiene when working with radioactive substances and sources of ionizing radiation.	Associate Professor E.G. Cilidas
6.	12.11.21	Hygiene of medical institutions. Nosocomial infections and their prevention. Occupational health of medical workers.	Associate Professor E.G. Cilidas
7.	26.11.21	Factors shaping the health of children and adolescents. Patterns of growth and development of children. Hygienic basis for ensuring the normal growth and development of the child.	Associate Professor E.G. Cilidas
8.	10.12.21	Hygienic foundations of the educational process. Definition of school maturity and vocational guidance.	Associate Professor E.G. Cilidas
9.	24.12.21	Hygienic bases and medical control over the physical education of children and adolescents. Healthy lifestyle and personal hygiene issues.	Associate Professor E.G. Cilidas

Head of the department,  
associate professor, Ph.D.  
«27» abryer 2021 r.



Bitarova I.K.

**Note:**

Lectures on the discipline are delivered in the auditorium No. 311 of the academic building No. 2 of the Academy from 09.30–11.05.