

**Federal state budgetary educational institution of the higher education
«North - Ossetian state medical academy»
Healthcare ministry of the Russian Federation**

Department of General Hygiene and Physical Culture

«APPROVED»

Head of the department

Professor *[Signature]* A.R. Kusova
« *25* » *08* 2023 year

Calendar-thematic plan of lectures

Discipline Hygiene
Course III
The facult General Medicine (partially implemented in English)
for the V semester 2023–2024 academic year

№	Date	The title of the topic	Lecturer
1	15.09.2023	Hygiene of mental and physical labor. Occupational hazards and occupational diseases. Themaindirectionsofpreventionofoccupationaldiseases.	Associate professor Tsilidas E.G.
2.	29.09.2023	Industrial dust as a hazard factor. Specific and nonspecific dust diseases and their prevention.	Associate professor Tsilidas E.G.
3.	13.10.2023	Industrial poisons and their classification. General patterns of action and prevention.	Associate professor Tsilidas E.G.
4.	27.10.2023	Physical factors of the production environment (noise, vibration, electromagnetic fields, etc.). Their effect on the body. Measures for the prevention of adverse effects.	Associate professor TsilidasE.G.
5.	10.11.2023	Occupational hygiene when working with radioactive substances and sources of ionizing radiation.	Associate professor Tsilidas E.G.
6.	24.11.2023	Hygiene of medical institutions. Nosocomial infections and their prevention. Occupational health of medical workers.	Associate professor Tsilidas E.G.
7.	08.12.2023	Factors shaping the health of children and adolescents. Patterns of growth and development of children. Hygienic basis for ensuring the normal growth and development of the child.	Associate professor Tsilidas E.G.
8.	22.12.2023	Hygienic foundations of the educational process. Definition of school maturity and vocational guidance.	Associate professor Tsilidas E.G.
9.	12.01.2024	Hygienic bases and medical control over the physical education of children and adolescents. Healthy lifestyle and personal hygiene issues.	Associate professor Tsilidas E.G.

Head of the educational part of the department,
associate professor

Tsilidas

E.G. Tsilidas

« *20* » *08* 2023 year

Note:

Lectures on the discipline are delivered in the auditorium No.312 of the academic building No.2 of the Academy from 09.00–10.35.