

Federal State Budgetary Educational Institution of Higher Education  
«North-Ossetia State Medical Academy»  
of the Ministry of Healthcare of the Russian Federation

**Department of Public health, healthcare and social-economic sciences**

**METHODOLOGICAL RECOMMENDATIONS FOR PERFORMING INDEPENDENT  
WORK BY DISCIPLINE**

**“HISTORY OF RUSSIA”**

the main professional educational program  
of higher education – specialty program  
in the specialty 31.05.03 Dentistry, approved on May, 24, 2023

Methodological recommendations for students of all specialties of NOSMA, studying the course of history, are designed to concretize and facilitate the independent and extracurricular work of students and give it a purposeful and problem-themed character.

They contain all the main program sections of the course, planned questions, as well as a list of additional sources that will allow students to study and master the basics of the discipline.

Compiler:

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**"The history of science. The primitive communal system. Kyiv state IX-XII centuries the Period of "feudal fragmentation" (XII-XIII century). The reflection of the German-Swedish aggression. The Mongol conquest and control system of Russian lands."**

Tasks:

- to know the stages of development of the state;
- to know the pattern of progressive development of Russian society and of world civilization.

Questions to the theme:

1. Causes, factors and preconditions of formation of the state among the Eastern Slavs. "Norman influence."
2. Problems of political and socio-economic development of the ancient Russian state.
3. Christianization of Russia: a synthesis of paganism and Christianity, its role in the formation of the ancient Russian nationality. The historical significance of the establishment of Christianity in Russia.

You can use: [www.hist.msu.ru](http://www.hist.msu.ru)), [www.oldru.narod.ru](http://www.oldru.narod.ru) [www.hronos.km.ru](http://www.hronos.km.ru)

### **Representative monarchy in Russia in the XIV - XVII centuries.**

Tasks:

to know the patterns of uneven historical development in the world and in Russia

Questions to the theme:

1. Background fragmentation. The emergence of new centres of power.
2. The capture of Russia by the Mongol conquerors, its consequences.
3. The causes and conditions for the rise of Moscow. Students work with electronic resources and historical literature.

You can use: [www.gumilevica.kulichki.net](http://www.gumilevica.kulichki.net) [www.hronos.km.ru](http://www.hronos.km.ru) –  
[www.hist.msu.ru](http://www.hist.msu.ru) – [www.his95.narod.ru/doc01.htm](http://www.his95.narod.ru/doc01.htm) [www.fatus.chat.ru/skaz.html](http://www.fatus.chat.ru/skaz.html)  
[www.archi.ru](http://www.archi.ru)

### **The transformation of the representative monarchy in autocracy (XVII – first quarter of XVIII century).**

Tasks:

-to be able to evaluate the experience of the importance of relying on their strength;

Questions to the theme:

1. Boyar rule. Ivan IV—the first Russian Tsar. "The elected Rada" and reform.
2. Oprichnina: causes, its evolution and consequences.
3. Results and lessons of Russian foreign policy in the XVI century.

### **The transformation of the autocracy to absolutism (XVIII – first half XIX centuries).**

Tasks:

- to have scientific idea about the features of the Eastern type state and the Asiatic mode of production;
- to be able to Express and argue their position on the specifics of the reforms from the top;

You can use:

[www.rulex.ru/01160320.htm](http://www.rulex.ru/01160320.htm). - To make a statement about Peter I.

[www.hist.msu.ru](http://www.hist.msu.ru)

### **Pre-industrial and industrial capitalism of the second half XIX century: features of economic, political and social development.**

Tasks:

- to know the laws of colonial development of the territory;
  - to know the laws of the predominance of national and state interests over the interests of the individual;
- Questions to the theme:

1. Patriotic war of 1812.
2. December armed uprising and its implications for the fate of the country.
3. Social thought in Russia in first half XIX century Summary: "the Project of reforms of M. M.

Speransky".

You can use:

[www.hist.msu.ru](http://www.hist.msu.ru) . [www.museum.ru/museum/1812](http://www.museum.ru/museum/1812)

### **Monopoly capitalism of the early XX century**

Tasks:

- to understand the essence of the catch-up model of development of Russia;
  - to understand the features of reform from above, in the absence of objective prerequisites of reform from below.
  - knowing the patterns of non-uniformity and conflict in global development
- Questions to the theme:

1. The reasons for the abolition of serfdom. Preparation of the peasant reform.
2. The content of the agrarian reform and its implementation. The main results and implications.
3. Zemsky, judicial, military and other reforms; their impact on the socio-economic and political development of Russia.
4. To analyze the impact of the First world war on the economic, socio-political, military situation in Russia?

You can use: [www.hist.msu.ru](http://www.hist.msu.ru) .

### **Revolution and the 'Dictatorship of the Proletariat'**

Tasks:

- Know the pattern of transition to an industrial model of development of society, urbanization; know the origins and characteristics of centralization of management;
- to be able to give the value rating of the multinational character of the state (federalization of the state);

You can use: [www.hist.msu.ru](http://www.hist.msu.ru) .

## **The development of the state "dictatorship of the proletariat". The formation of the USSR.(1920-1953)**

Tasks:

to know the causes, milestones, lessons and results of the war;

to be able to Express and argue their position on the specifics of the Soviet mobilization model;

Questions to the theme:

1. Policies of the leading countries of the world in the late 30-ies of the causes of the Second World War.

The great Patriotic war. Causes of our failures and defeats in the initial period of war.

3. The defeat of Nazi Germany. The participation of the USSR in the war with Japan. The lessons and results of the great Patriotic and Second world wars.

can use: [www.hist.msu.ru](http://www.hist.msu.ru) .

## **The USSR in 1953-1985.**

Tasks:

to assess the militarisation of the economy

to understand the essence of totalitarian systems;

to have scientific idea about the socio-economic structure

know the pattern of transition to an industrial model of development of society, urbanization

## **The collapse of the Soviet Union (1985-1991).**

Tasks:

- know the law of continuity in historical development;
- to be able to Express and justify its position on patterns of globalization processes;

You can use:

[www.hist.msu.ru](http://www.hist.msu.ru) .

## **The History of early civilizations.**

Tasks:

- to know and specific features of development of ancient eastern and western civilizations;  
- to know the main events of the history of Early river valley Early river valley civilizations
- to know the stages and main events of the history of Ancient Greek and Roman civilizations

Questions to the theme:

- 1) Give the definition of the term "civilization"
- 2) What were the main features of the ancient western civilization?
- 3) What were the main features of the ancient Eastern civilization?
- 4) What were the main achievements of Ancient civilization?
- 5) What were the main achievements of Ancient Eastern civilization?

You can use:

<http://eios-sogma.ru/mod/url/view.php?id=11924>

## **Medieval Ages in Europe Golden Age of Islamic civilization**

Tasks:

- to know the main features of feudalism
- to understand and specific features of development of Europe and Islamic world in Middle ages;
- to know the stages and main events of the history of Europe in Middle ages
- to know the stages and main events of the history of Islamic world

Questions to the theme:

- 1) Give the definition of the term “feudalism”
- 2) What were the main features of the Medieval history?
- 3) What were the main achievements of Middle ages?

You can use:

<http://eios-sigma.ru/mod/url/view.php?id=11924>

### **The New time history**

- to know the main events of the new time
  - to understand the main features of capitalistic development in Europe
- 1) to be able to express and argue your one position on some aspects of the New time history
  - 2) Give the definition of the term “capitalism”
  - 3) What were the main features of the New time history?
  - 4) What were the main achievements of New times?

You can use:

<http://eios-sigma.ru/mod/url/view.php?id=11924>