

СТОМ-21 ИИ

Federal State Budgetary Educational Institution of Higher Education  
«North-Ossetia State Medical Academy»

of the Ministry of Healthcare of the Russian Federation

**Department of Public health, healthcare and social-economic sciences**

**METHODOLOGICAL RECOMMENDATIONS FOR PERFORMING  
INDEPENDENT WORK BY DISCIPLINE**

**«FUNDAMENTALS OF RUSSIAN STATEHOOD »**

**the main professional educational program of higher  
education – specialty program in the specialty 31.05.03  
Dentistry, approved on May, 24, 2023**

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## INTRODUCTION

The study of the discipline "Fundamentals of Russian Statehood" contributes to the designation of a systematic and timely response to the current challenges of the educational and social policy of the Russian state through the formation of the necessary conditions for self-determination and socialization of students on the basis of generally accepted values and norms of behavior, as well as through the formation of a developed sense of citizenship and patriotism among students.

The purpose of mastering the discipline: the formation of students' system of knowledge, skills and competencies, as well as values, rules and norms of behavior related to the awareness of belonging to Russian society, the development of a sense of patriotism and citizenship, the formation of a spiritual, moral and cultural foundation of a developed and integral personality, aware of the features of the historical path of the Russian state, the identity of its political organization and pairing individual dignity and success with the social progress and political stability of their homeland.

Tasks of mastering the discipline:

Achieving the set goals involves solving a number of tasks.

- to present the history of Russia in its continuous civilizational dimension, to reflect its most significant features, principles and current guidelines;
- to reveal the value-behavioral content of the sense of citizenship and patriotism, inseparable from the developed critical thinking, the free development of personality and the ability to make independent judgments about the current political and cultural context;
- to consider fundamental achievements, inventions, discoveries and achievements related to the development of the Russian land and the Russian civilization, to present them in an actual and meaningful perspective, educating a citizen with pride and belonging to his culture and his people;
- to present the key meanings, ethical and ideological doctrines that have developed within the Russian civilization and reflect its multinational, multi-confessional and solidary (communal) character;
- to consider the features of the modern political organization of Russian society, the causal nature and specifics of its actual transformation, the value support of traditional institutional solutions and the special multivariance of the relationship between the Russian state and society in the federal dimension;
- to investigate the most probable external and internal challenges facing the Russian civilization and its statehood at the moment, to identify key scenarios for its long-term development;
- to identify the fundamental value principles (constants) of Russian civilization (unity of diversity, sovereignty (strength and trust), harmony and cooperation, love and responsibility, creation and development), as well as related value orientations of Russian civilizational development (such as stability, mission, responsibility and justice).

## **SECTION 1. WHAT IS RUSSIA**

1. Natural and climatic, national and religious diversity of Russia.
2. Symbols of the Russian Federation.
3. The North Caucasus as a region of the Russian Federation.
4. Trials and victories of Russia.
5. Achievements of Russian science.
6. Heroes of my people - past and present.

### **Self-preparation of presentations on one of the following topics:**

1. "RUSSIA IS MY HOMELAND!" (the territory of the country, the diversity of cultures, languages, religions). – virtual tour
2. Symbols of Russia (flag, coat of arms and anthem)
3. "My native land is the North Caucasus" (Republic of the North Caucasus to choose from) virtual tour
4. Challenges accompanying the historical development of Russia
5. Achievements of Russian culture (poetry, painting, architecture, etc.) virtual museum tour

### **A mind map on one of the following topics:**

1. Natural and economic resources of Russia

2. Achievements of Russian science

3. Achievements of Russian medicine

FILL IN THE TABLE:

The author	The essence of concept	The main criteria for the typologization of society
N.Y. Danilevsky. The theory of cultural and historical types		
K.N.Leontiev. The concept of Byzantium		
O. Spengler. The concept of culture		
A. Toynbee. Theory of local civilizations		
K.Marx, F.Engels. Formational approach		

## SECTION 2. THE RUSSIAN STATE-CIVILIZATION

1. The civilizational approach and its basic categories,

2. Formational approach

3. Russian civilization and its features at different stages of historical development.

4. Civilizational and geopolitical approaches to determining the external foundations of Russia's national strategy.

5. The current state of Russian civilization.

**SECTION 3. RUSSIAN WORLDVIEW  
AND THE VALUES OF RUSSIAN CIVILIZATION.**

1. The concept of worldview in the social sciences
2. The main elements of the systemic model of Russia's worldview (Religion, History, Geopolitics, Culture, language)
3. Value challenges of modern civilization
4. The values of Russian civilization
5. Worldview and the state

<b>TYPE OF WORLDVIEW</b>	<b>CHARACTERISTIC</b>
<b>MYTHOLOGICAL</b>	
<b>RELIGIOUS</b>	
<b>SCIENTIFIC</b>	

**REVEAL the essence of the following concepts:**

"IDENTITY", "I-CONCEPT", "CULTURAL CODE", WORLDVIEW.

**Choose the right judgments about the worldview and write down the numbers under which they are indicated.**

1. A person's worldview is connected with his beliefs.

2. The scientific worldview arises in the process of a person's personal practical activity.
3. A person's worldview is formed gradually (both spontaneously and consciously).
4. A person's worldview, as a rule, remains unchanged from early childhood to the end of life.

#### **SECTION 4. THE POLITICAL STRUCTURE OF RUSSIA**

1. The role of political power in Russia
2. Legitimacy of political power in history and in modern Russia
3. Levels and branches of government
4. State and national projects.
5. The main priorities of the country's long-term development

#### **SECTION 5: CHALLENGES OF THE FUTURE AND DEVELOPMENT OF THE COUNTRY**

1. Russia and global challenges
2. Internal challenges of social development
3. Images of the future of Russia.

**Mind map** "Global challenges of humanity"