Federal State Budgetary Educational Institution of Higher Education "North Ossetian State Medical Academy" of the Ministry of Health of the Russian Federation

Department Internal Medicine No. 1

Department of Surgical Diseases No. 1

APPROVED
Minutes of the meeting
Central
Coordination Educational and
Methodological Council
from May 23, 2023 Project No. 5

ASSESSMENT MATERIALS

PRACTICE FOR OBTAINING PROFESSIONAL SKILLS AND PROFESSIONAL EXPERIENCE IN THE POSITIONS OF NURSE STAFF (WARD NURSE ASSISTANT) main professional educational program of higher education – specialty program in specialty 31.05.01 "General Medicine", approved on 24.05.2023.

for 2nd year students

specialty 31.05.01 "General Medicine"

Reviewed and approved at a department meeting

dated May 22, 2023 (protocol No. 10)

Head of the department

Doctor of Medical Sciences I.N. Totrov

Head of the department

Ph.D. U.S.Beslyakoev

Vladikavkaz 2023

STRUCTURE OF FOS

- 1. Title page 2. FOS structure
- 3. Review of FOS
- 4. Passport of assessment tools
- 5. <u>Set of assessment tools:</u>
 - exam questions
 - bank of situational problems
 - standards of test tasks (with title page and table of contents)
 - exam papers

Certificate of production practice assessment materials

"Practice to gain professional skills and professional experience activities in the positions of nursing staff (ward nurse assistant)"

No.	Namecontrolled section (topics) of discipline/module	Code of the competence (stage) being formed	Name evaluation tool
1	2	3	4
View control		Intermediate	
1	Maintaining sanitary-hygienic and medical-protective regime departments	OPK-4, OPK-6, PK-1	Oral questioning, testing, evaluation practical skills
2	Sanitary treatment sick.	OPK-4, OPK-6, PK-1	Oral questioning, testing, evaluation practical skills
3	Transportation of patients.	OPK-4, OPK-6, PK-1	Oral questioning, testing, evaluation practical skills
4	Personal hygiene of the patient and medical staff. Nutrition of the sick.	OPK-4, OPK-6, PK-1	Oral questioning, testing, evaluation practical skills
5	The simplest physiotherapeutic procedures. Preparing patients for laboratory and instrumental methods research.	OPK-4, OPK-6, PK-1	Oral questioning, testing, evaluation practical skills
6	Methods of using medicines	OPK-4, OPK-6, PK-1	Oral questioning, testing, evaluation practical skills
7	Observation Andcare behindpatients with diseases of various body systems, including dying patients.	OPK-4, OPK-6, PK-1	Oral questioning, testing, evaluation practical skills

QUESTIONS FOR THE EXAM

DEPARTMENT OF INTERNAL DISEASES No. 1

- 1. Responsibilities of junior medical personnel. Fundamentals of medical ethics and deontology.
- 2. Principles organizations work And devices foster Andtherapeutic departments.
- 3. Mode work post medical sisters. Kinds documentation, post equipment.
- 4. Sanitary-hygienic and medical-protective regime of the reception and therapeutic departments.
- 5. Methods of transporting patients from the emergency department.
- 6. Basic principles of rational therapeutic nutrition. Dietary (therapeutic) tables. Methods of feeding patients in hospital departments.
- 7. Rules for changing underwear and bed linen. Implications for the patient.
- 8. Skin care. Prevention of bedsores.
- 9. Personal hygiene of the patient: care of the mouth, nose, eyes, ears.
- 10. Application heatAnd cold V medical practice. Indications, contraindications.
- 11. Enemas. Types, rules of production. Indications, contraindications.
- 12. Gas outlet pipe. Staging rules. Indications, contraindications.
- 13. Bladder catheterization in women and men. Execution technique. Indications, contraindications.
- 14. Gastric lavage. Execution technique. Indications, contraindications.
- 15. Fractional study of gastric contents. Execution technique. Indications, contraindications.
- 16. Duodenal sounding. Execution technique. Indications, contraindications.
- 17. Rules for preparing patients for instrumental methods of studying the digestive organs.
- 18. Rules for preparing patients for instrumental methods of examining the organs of the urinary system.
- 19. Urine, collection of material for laboratory testing. Types of laboratory tests of urine. Features of care for patients with urinary incontinence.

- 20. Feces, collection of material for laboratory testing. Types of laboratory tests of stool. Features of caring for patients with fecal incontinence.
- 21. Sputum. Types of laboratory tests. Collection of material for laboratory testing.
- 22. The procedure for storing and recording medicines.
- 23. Methods of using medicines. Technique of intradermal, subcutaneous and intramuscular injections. Prevention of possible complications.
- 24. Assessment of the patient's general condition. Clinical significance.
- 25. Anthropometry. Clinical significance of the study. Interpretation of the obtained data.
- 26. Methods for measuring body temperature. Registration of received data. Care and provision of first aid to febrile patients in various stages of fever.
- 27. Characteristics of breathing. Counting the frequency of respiratory movements. Clinical significance. Pathological forms of breathing.
- 28. Properties of the arterial pulse. Counting rules. Clinical significance.
- 29. Arterial pressure. Measurement rules. Clinical significance.
- 30. Oxygen therapy. Indications for use. Security measures. Methodology and technique. Possible complications.
- 31. Care and provision of first aid for shortness of breath and suffocation.
- 32. Care and first aid for vomiting. Collection of vomit.
- 33. Pain V region hearts, mechanism occurrence. Clinicaldiagnostics. First aid.
- 34. Acute vascular insufficiency (fainting, collapse). Clinical manifestations. First aid.
- 35. Features of care for patients with heart failure. Attack of cardiac asthma. Clinical manifestations. First aid.
- 36. Hypertensive crisis. Clinical manifestations. First aid.
- 37. Care and provision of first aid for bleeding (nasal, pulmonary, gastrointestinal).
- 38. Anaphylactic shock. Clinical manifestations. First aid.
- 39. Terminal states. Ascertainment of death and rules for handling a corpse.

40. Indications for pulmonary-cardiac resuscitation (artificial respiration, chest compressions). Technique. Conditions for cessation of resuscitation measures.

DEPARTMENT OF SURGICAL DISEASES No. 1

- 1. Compresses, heating pads, ice pack. Staging technique. Indications. Contraindications.
- 2. Body temperature and its measurement, types of temperature curves.
- 3. Disinfection of medical instruments and patient care products
- 4. Rules and techniques for performing artificial respiration. Indications for resuscitation measures.
- 5. First aid for vomiting
- 6. Rules and methods for applying a colostomy bag.
- 7. Rules and techniques for performing indirect cardiac massage. Indications for resuscitation measures.
- 8. Rules and techniques for performing nutritional and medicinal enemas. Indications, contraindications.
- 9. Functional bed. Purpose. Rules usefunctional bed.
- 10. Rules and techniques for gastric lavage. Indications, contraindications.
- 11. Deontology of caring for cancer patients.
- 12. Rules and methods for introducing an air duct. Possible complications.
- 13. Skin care. Prevention of bedsores
- 14. Oxygen therapy. Security measures. Methodology and technique.
- 15. Rules and techniques for sanitizing a patient upon admission to a hospital.
- 16. Rules and techniques for changing underwear and bed linen.
- 17. Rules and techniques for moving a patient from a gurney to the operating table and back.
- 18. Technique And rules carrying out catheterization urinary bubbleIndications. Contraindications.
- 19. Diet therapy in the surgical department. Optimal ratio of fats, proteins and carbohydrates in surgical patients.
- 20. Methods and methods for assessing the sterility of material in a bix
- 21. Rules technique carrying out cleansing And siphon enemas Indications. Contraindications.

- 22. Rules and techniques for feeding patients in bed.
- 23. Basics activities medical staff on everyone stages treatmentsurgical patients.
- 24. Indications and rules for tube enteral nutrition.
- 25. Rules and techniques for monitoring drainage in operated patients.
- 26. Methodology for preparing patients for x-ray examination of the gastrointestinal tract.
- 27. The volume of sanitary treatment of the patient in the emergency department.
- 28. Rules and techniques for performing venipuncture, taking blood samples.
- 29. Rules and techniques for moving a patient from bed to gurney and back.
- 30. Rules and techniques for performing perinephric blockade.
- 31. Subcutaneous And intradermal injections. Technique execution. Possible complications.
- 32. Intramuscular injections. Technique execution. Possible complications.
- 33. Rules and techniques for wound dialysis through a flow-flushing system.
- 34. Rules and techniques for performing pulmonary-cardiac resuscitation.
- 35. Transportation surgical sick By stairs And to the operating room.

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Table of contents

No.	Name of controlled section (topic) of discipline/module	Number of tests (total)	page from_ to_
1	2	3	4
Type of control	Intermediate		
1	Introduction to work organization foster Andtherapeutic departments and functional features junior medical staff	64	14-22
2	Maintaining sanitary-hygienic and medical-protective regime departments	34	22-27
3	Sanitary treatment sick	18	27-29
4	Transportation of patients.	13	29-31
5	Personal hygiene of the patient And medical staff. Nutrition of the sick	65	31-38
6	The simplest physiotherapeutic procedures. Preparing patients To laboratory-instrumental methods research	43	39-43
7	Methods of using medicines	24	44-46
8	Observation And care beinpatients with various diseases systemsbody, including behinddying patients	145	46-64

INTRODUCTION TO THE ORGANIZATION OF WORK OF THE ADMISSION AND THERAPEUTIC DEPARTMENTS AND FUNCTIONAL RESPONSIBILITIES JUNIORMEDICAL STAFF

- 1. What are the student's main objectives when studying general nursing? a) mastering the technique of operations
- b) mastering the technique of examining a patient
- c) providing first aid
- d) practical mastery of nursing skills e) diagnosis
- 2. Who should provide care for the sick? a) relatives of the patient
- b) all medical workers c) doctor
- d) patients in the ward
- d) nurse
 - 3. What does medical deontology study? a)

the relationship between doctor and patient

- b) issues of duty, morality and professional ethics c) iatrogenic diseases
- d) the relationship between medical staff and the patient's relatives e) all of the above are true

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"NORTH OSSETIAN STATE MEDICAL ACADEMY" OF THE MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION

Department of Internal Medicine No. 1 Department of Surgical Diseases No. 1 FacultyMedicinal

Well2

PracticePractice to gain professional skills and professional experience in nursing positions (ward nurse assistant)

Situational task

A patient with an attack of expiratory suffocation in a state of moderate severity was brought to the emergency department by an ambulance team. The patient was given first aid. The doctor at the emergency department, after examining him, decides whether the patient needs to be hospitalized in this medical institution.

Questions:

- 1. What necessary documentation should the nurse complete?
- 2. What mandatory document is issued for the patient?
- 3. What are the responsibilities of the nurse in preparing this documentation?

Situational task

After the operation was completed, the nurse began treating the instruments used during the purulent operation with water, and the used surgical material (wipes, balls, tampons, etc.) was placed in a bag and thrown into the trash.

Question:

1. What mistakes did she make, and what dangerous consequences could they lead to?

Head Department of Internal Medicine No. 1, Doctor of Medical Sciences

I.N.TotrovHead

Department of Surgical Diseases No. 1, Ph.D.

U.S.Beslekoev

FEDERAL STATE BUDGET EDUCATIONAL INSTITUTION OF HIGHER EDUCATION "NORTH OSSETIAN STATE MEDICAL ACADEMY" OF THE MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION

Department of Internal Medicine No. 1
Department of Surgical Diseases No. 1
FacultyMedicinal

Well2

PracticePractice to gain professional skills and professional experience in nursing positions (ward nurse assistant)

Examination ticket

- 1. Responsibilities of junior medical personnel. Fundamentals of medical ethics and deontology.
- 2. Compresses, heating pads, ice pack. Staging technique. Indications. Contraindications.

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