# Questions to prepare for practical exercises

# **Lesson Topics**

- 1. Subject of psychiatry. History of the development of psychiatry. The concept of mental. Subject of medical (clinical) psychology. Common psychopathology. The main spheres of mental. Perception's disorders.
- 2. Disorganized process of thinking abs speech. Delusional states, types, dynamics.
- 3. Emotional disorders. Mood disorders.
- 4. Movement disorders. Psychomotor disturbances. Behavioral and will disorders.
- 5. Consciousness. Clinical, neuropsychological and psychological aspects of consciousness. Concept of self-consciousness. Consciousness disorders. Sleep disorders.
- 6. Schizophrenia, a history of schizophrenia doctrine. The main symptoms. Forms of schizophrenia and clinical course of disease.
- 7. Organic mental disorders. Mental disorders due to brain injury. Epilepsy, types of seizures, mental disorders due to epilepsy.
- 8. Substance use disorders. Alcoholism and drug addiction.
- 9. Neurotic stress-related disorders. Personality disorders.
- 10. Mental disorders of childhood and adolescence. Mental disorders in the elderly.

# Subject of psychiatry. History of the development of psychiatry. The concept of mental. Subject of medical (clinical) psychology. Common psychopathology. The main spheres of mental. Perception's disorders.

- 1. What characterized the first period of development of psychiatry as a medical science?
- 2. What characterized the second period of development of psychiatry as a medical science?
- 3. What characterized the third period of development of psychiatry as a medical science?
- 4. What characterized the fourth period of development of psychiatry as a medical science?
- 5. What characterized the fifth period of development of psychiatry as a medical science?
- 6. What was the main cause of mental disorders, according to scientists, representatives of the school of "psychics"?
- 7. What were the main methods of therapy for mental disorders that were used by representatives of the school of "psychics"?
- 8. What is exorcism?
- 9. What was the main cause of mental disorders, according to scientists, representatives of the school of " somatics "?
- 10. What were the main methods of therapy for mental disorders that were used by representatives of the school of " somatics"?
- 11. What characterizes the sixth period of development of psychiatry as a medical science?
- 12. After the discovery of which drug began the era of psychopharmacology?
- 13. Definition of mental health from a psychiatric standpoint.
- 14. Definition of the concept of mental health from the standpoint of medical psychology.
- 15. Main etiological factors of mental disorders.
- 16. What is meant by biological etiological factors of mental disorders?
- 17. What is general psychopathology?
- 18. Basic methods of general psychopathology.
- 19. What is the purpose of an experiment or testing?
- 20. What are the main spheres of the psyche?
- 21. Which of the psychopathological syndromes are the mildest?
- 22. Which of the psychopathological syndromes are the most severe?
- 23. What's the difference between perception and sensation?
- 24. What is mental hypersthesia and mental hyposthesia?
- 25. What is mental analgesia and paresthesia?
- 26. What are the main signs of senestopathy?
- 27. Define an illusion and list its main types.
- 28. Give a definition of hallucination. What is the difference between true hallucination and psvedogallucination?
- 29. Give a general definition of psychosensory disorders. What is porropsia?
- 30. Give a definition of micropsia, macropsia and dysmegalopsia or dysmetropsia.
- 31. What is the "splitting of perception"?
- 32. What does the symptom of autometamorphopsia mean, what are the types?

# Disorganized process of thinking abs speech. Delusional states, types, dynamics.

- 1. Define "thinking"
- 2. What does autistic thinking mean?
- 3. How schizophrenic autism manifests itself?
- 4. What does tangentiality or "fruitless" thinking mean?
- 5. What does "wrong thinking" mean?
- 6. What does " divergent thinking " mean?
- 7. What does "paralogy of thinking" mean?
- 8. What does the ambivalence of thinking mean?
- 9. What does neologism phenomenon mean?
- 10. What does inconsistency, "slipping" of thinking mean?
- 11. What does schizophasia mean?
- 12. What does symbolism of thinking mean?
- 13. What does mentism mean?
- 14. What does sperrung (German) mean?
- 15. What is verbigeration and what is their reason?
- 16. What are speech stereotypes and what is their reason?
- 17. Define delusion.
- 18. What does primary delusions mean?
- 19. What does secondary delusions or paranoid syndrome mean?
- 20. What does fantastic delusions or paraphrenic syndrome mean?
- 21. Give examples of self-projected delusions.
- 22. Give examples of delusions, projected outward.
- 23. Give examples of peculiar delusions.
- 24. What does Kandinsky-Clerambault syndrome mean?
- 25. What does delusional parasitosis or Ekbom's syndrome mean?
- 26. What does nihilistic delusion mean?
- 27. What does "delusional perception" mean?
- 28. What types of delusional development are distinguished?
- 29. What can be the outcome of delusion with an unfavorable course of the disease?
- 30. What does the nosological classification of delusion include?
- 31. What mental illness is often associated with delusional states?
- 32. In which case delusion diagnosed as self-determining disorder?

# Lesson 3 Emotional disorders. Mood disorders.

- 1. Define emotion and feelings
- 2. What is the biological role of emotions?
- 3. What factors generate emotions?
- 4. What are fundamental emotions, list them.
- 5. What is interest and what is its significance?
- 6. What is the difference between joy and pleasure?
- 7. What is the mental and biological significance of the emotion of joy?
- 8. What is wonder and when does it arise? What is the biological significance of the emotion of wonder?
- 9. When does grief and sadness arise? What is the mental and social significance of the emotion of grief?
- 10. When does the emotion of anger or rage arise? What is the biological role of the emotion of anger?
- 11. What physiological changes are accompanied by anger?
- 12. When does the emotion of disgust arise? Why is disgust considered a hostile emotion?
- 13. What does scorn mean? Why is scorn considered a hostile emotion?
- 14. What does contempt-haughty mean?
- 15. What factors cause fear?
- 16. What is the biological role of the emotion of fear?
- 17. What does shame mean? What is the social significance of the emotion of shame?
- 18. What does guilt mean?
- 19. What is the social significance of the emotion of guilt?
- 20. What brain structures are included in the Papez circuit?
- 21. What biologically active mediators does the limbic system contain?
- 22. What is the polygraph test for?
- 23. What does emotional lability mean?
- 24. What does emotional over excitability mean?
- 25. What does emotional inadequacy mean?
- 26. What does blunted affect mean?
- 27. What does emotional incontinence mean?
- 28. What are the main symptoms of a manic state?
- 29. What are the main symptoms of a depressive state?
- 30. What biological dysfunctions can be observed with depression?
- 31. What is Bipolar affective disorder?
- 32. What is Recurrent depressive disorder?

# Movement disorders. Psychomotor disturbances. Behavioral and will disorders.

- 1. What does the term activity mean?
- 2. How does need differ from motive?
- 3. What is the difference between psychomotor activity and behavioral and volitional activity?
- 4. List the main psychomotor disorders
- 5. What is meant by psychomotor excitement?
- 6. What is the character of the confused-pathetic catatonic excitement?
- 7. What does catatonic impulsive excitement mean?
- 8. What does "silent" excitement mean?
- 9. What is the characteristic of stupor with catalepsy?
- 10. What is the characteristic of stupor with waxy flexibility?
- 11. What is the characteristic of stupor with muscle stiffness?
- 12. What is the characteristic of stupor with negativism?
- 13. What is meant by hebephrenia?
- 14. What is the characteristic of the hyperactivity-motor disinhibition at the subcortical level?
- 15. What neuroanatomical formations belong to the subcortical rubrospinal and the thalamicpallidary level of the brain?
- 16. What are hyperkinesis?
- 17. On the basis of what symptoms are hyperkinesis diagnosed?
- 18. In which syndrome is hyperkinesis the main disorder?
- 19. What is the difference between behavior and will or volition?
- 20. What are needs of person?
- 21. In Maslow's hierarchy of needs name the lower needs.
- 22. In Maslow's hierarchy of needs name the higher needs.
- 23. What motives of personality can you name?
- 24. What pathology in the motivational sphere can we observe in mentally ill patients?
- 25. What is the difference between extrinsic motivation and intrinsic motivation?
- 26. List the main disorders of behavior and will
- 27. What is negativism? What forms of negativism can be observed in mental patients?
- 28. What are the types of impulsive actions?
- 29. What is meant by hyperbulia? List the most famous types of hyperbulia
- 30. What is the characteristic of the ambivalency-ambitiousness?
- 31. What is the characteristic of abulia?
- 32. What is the characteristic of hypobulia?

# Consciousness. Clinical, neuropsychological and psychological aspects of consciousness. Concept of self-consciousness. Consciousness disorders. Sleep disorders.

- 1. List the states of consciousness.
- 2. What means awareness?
- 3. What means self- awareness?
- 4. What is meant by the biodynamic model of consciousness?
- 5. What is the role of the ascending pathways (ascending activating tract) of the reticular formation?
- 6. What is the role of the descending pathways of the reticular formation?
- 7. What effect does alcohol and some drugs have on the consciousness?
- 8. List the criteria for waking consciousness
- 9. What is syncope characterized by?
- 10. What is the absence characterized by?
- 11. What is the sopor characterized by?
- 12. What is the coma characterized by?
- 13. What is the obscured consciousness characterized by?
- 14. What is the trance characterized by?
- 15. What is the somnolence characterized by?
- 16. What is the narcolepsy characterized by?
- 17. What is the difference between altered consciousness and darkened consciousness?
- 18. What are the symptoms of the obscured consciousness in delirium?
- 19. What psychotic symptoms are characteristic of delirium?
- 20. What somatovegetative disorders are observed in delirium?
- 21. What is the twilight state of consciousness characterized by?
- 22. What is the oneiroid characterized by?
- 23. What does the term "psychedelic experience" mean?
- 24. What emotions reduce the level of wakefulness?
- 25. What does hypervigilance mean and when does it occur?
- 26. What is meant by self-consciousness and what does it include?
- 27. What emotions lead to a narrowing of consciousness? What pathological phenomena can occur with a sharp narrowing of consciousness?
- 28. What emotions lead to the expansion of consciousness? What pathological phenomena can occur with a significant expansion of consciousness?
- 29. At what phase (stage) of sleep, according to the EEG, does sleep occur? What is paradoxical sleep?
- 30. What is the physiological importance of sleep?
- 31. List the types of sleep disorders.
- 32. What are early, middle and late insomnia?

# Schizophrenia, a history of schizophrenia doctrine. The main symptoms. Forms of schizophrenia and clinical course of disease.

- 1. What is the point prevalence of schizophrenia?
- 2. The onset of schizophrenia most often occurs at what age?
- 3. What mental disorders were described by the German psychiatrist Griesinger?
- 4. What mental illness was described by the French psychiatrist Morel?
- 5. What mental disorders were described by the German psychiatrist Hecker E.?
- 6. What mental disorders were described by the German psychiatrist Kalbaum K.L.?
- 7. What role of German psychiatrist E. Kraepelin in psychiatry?
- 8. Who first proposed the term "schizophrenia"? What does the word "schizophrenia" mean?
- 9. What did E. Bleuler mean by the primary and secondary symptoms of schizophrenia?
- 10. What does intrapsychic ataxia mean in schizophrenia?
- 11. What facts prove the genetic hypothesis of schizophrenia?
- 12. What organic damage can cause schizophrenia?
- 13. What social and psychological factors can cause schizophrenia?
- 14. What is meant by a Stress-Vulnerability hypothesis of schizophrenia?
- 15. What facts support the sociocultural theory of schizophrenia?
- 16. What is meant by family influence?
- 17. What is the dopamine hypothesis for schizophrenia?
- 18. What does the brain imaging show in some patients with schizophrenia?
- 19. What symptoms of schizophrenia are included in the positive scale?
- 20. What symptoms of schizophrenia represent discordance and schism?
- 21. What symptoms of schismatic thinking are specific to schizophrenia?
- 22. What symptoms of emotional discordance are specific to schizophrenia?
- 23. What are parathymic and paramimic symptoms?
- 24. What are the oddities of behavior in schizophrenia?
- 25. What is the symptom of mannerism?
- 26. What is the symptom of scenic?
- 27. What are the symptoms of self-disturbance in patients with schizophrenia?
- 28. List and describe the negative symptoms in schizophrenia
- 29. What does the term "apathy-abulic syndrome" or avolition-apathy defect mean?
- 30. List the clinical types of schizophrenia.
- 31. What type of schizophrenia is most often observed in patients?
- 32. List the types of schizophrenia courses

# Organic mental disorders. Mental disorders due to brain injury. Epilepsy, types of seizures, mental disorders due to epilepsy.

- 1. What mental disorders can be observed with complete lack of consciousness (sopor and coma)?
- 2. What mental disorders can be observed with clouding of consciousness?
- 3. What is prolonged coma or vegetative status?
- 4. Which patients have a better prognosis, with a complete loss of activity, or those who exhibit psychomotor excitement?
- 5. What types of cognitive impairment are seen in brain injury?
- 6. List the symptoms of Korsakoff's amnestic syndrome
- 7. What is amnesia of fixation?
- 8. What is confabulations?
- 9. What is anterograde amnesia?
- 10. What is retrograde amnesia?
- 11. What is psychoorganic syndrome, list its variants
- 12. List the psychopathological long-term consequences of brain injury.
- 13. What is cerebral asthenia characterized by?
- 14. What is cerebral asthenic syndrome with cognitive dysfunction characterized by?
- 15. What are dissociative disorders and what is their cause?
- 16. List the common symptoms of the conversion or dissociative disorders:
- 17. What are the criteria for the diagnosis of organic personality disorder?
- 18. What are epilepsy and epileptic seizures?
- 19. What causes an epileptic seizure?
- 20. List the stages of generalized tonic-clonic seizure:
- 21. List first aid steps for a seizure
- 22. What is antiepileptic defense system and what its function?
- 23. What brain structures are included in the antiepileptic defense system?
- 24. What are ictal mental disorders?
- 25. What are psychomotor seizures or automatisms?
- 26. List the types of motor automatisms.
- 27. What is somnabulism?
- 28. What are sensory seizures?
- 29. What characterological changes develop in patients with epilepsy?
- 30. What characterizes the thinking of patients with epilepsy?
- 31. How drives and desires change in patients with epilepsy?
- 32. What is the characteristic of the EEG in the waking state in patients with signs of epileptic encephalopathy?

# Lesson 8 Substance use disorders. Alcoholism and drug addiction.

- 1. What the areas of the narcological service?
- 2. What is included in the clinical description of the status when diagnosing a state of acute intoxication (alcoholic or narcotic)?
- 3. What is the characteristic of mild alcohol intoxication?
- 4. What is the characteristic of moderate alcohol intoxication?
- 5. What is the characteristic of severe alcohol intoxication?
- 6. What is the characteristic of pathological alcohol intoxication?
- 7. Why is a chemical-toxicological study of the blood (urine) of the examined person obligatory during the examination of intoxication?
- 8. Which of the modern methods of chemical and toxicological research is the truest?
- 9. Why is it necessary to test for the quantitative content of alcohol in the blood?
- 10. How much alcohol in the blood is acceptable for a person to be considered sober?
- 11. What are the reasons for the dissemination of alcoholism and drug addiction?
- 12. What does "withdrawal culture" mean in relation to alcohol intake?
- 13. What does "ambivalent culture" mean in relation to alcohol intake?
- 14. What does "liberal culture" mean in relation to alcohol intake?
- 15. What does "pathological culture" mean in relation to alcohol intake?
- 16. What are the factors of predisposition to alcohol intake?
- 17. What does the diagnosis of alcohol abuse mean?
- 18. What does the diagnosis of alcohol dependence mean?
- 19. What does the diagnosis of alcohol withdrawal syndrome mean?
- 20. What does the concept of "psychological dependence" to alcohol (drug) mean?
- 21. What does the concept of "mental dependence" to alcohol (drug) mean?
- 22. What are the symptoms of physical alcohol dependence?
- 23. What does the concept of "tolerance" mean (to alcohol, drugs)?
- 24. What are the types of altered forms of alcoholic intoxication?
- 25. What does pseudo dipsomania mean?
- 26. What does erue dipsomania mean?
- 27. List the disorders caused by damage to the central nervous system as a result of chronic alcohol intoxication.
- 28. Give the classification of opiates
- 29. After how many hours does the complete clinical picture of opium withdrawal syndrome develop, what somatic symptoms does it consist of?
- 30. What mental disorders (complications) can occur with chronic cocaine use?
- 31. How is addiction to cannabinoids compared to other drugs?
- 32. What are opioid antagonist drugs and for what purpose are they prescribed?